



2024 SUMMARY

COMMUNITY MEDICINE

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ARKANI
◆ ACADEMY ◆



Biostatistics

- **Variable:** a characteristic of interest that can have different values (measured, record, analyzed)
 - **Independent** variable is the presumed cause, and **dependent** variable is the presumed effect
 - ✓ Smoking is independent variable → Lung cancer is a dependent variable
 - ✓ Sugar pill placebo is independent variable → Unchanged BP is a dependent variable
- A quantitative variable (can be measured), qualitative variable (not measured but sorted)

1. Qualitative (categorical) variables

- **Nominal:** such as sex, exam result, blood group, eye color, ethnicity, marital stats, housing style
 - Nominal level of measurement: Cannot perform meaningful operation on this data
 - Involve **names, labels** or **qualities**, car type, colors, zip code, religion
 - The lowest level of measurement, which is a qualitative classification with no quantitative value
 - Appropriate statistics: **mode, frequency** BUT we cannot use mean
- **Ordinal:** such as response to treatment (poor, fair, good), severity of disease (mild, moderate, severe) and income status (low, middle, high), where the ordinal level of measurements:
 - Indicates **order** not exact quantity (exact differences between ranks cannot be specified)
 - Involves using numbers to designate ordering on an attribute
 - Appropriate statistics: **mode, frequency** and **median** BUT we cannot use mean

2. Quantitative (numerical) variables

- **Discrete:** number of family members, heart beats or hospital admissions in a day
- **Continuous** (no gap between possible values): Height, weight, age, BP, serum cholesterol, BMI
 - Continuous data can be transformed into classification in qualitative data
- **Interval level of Measurement:** Data is placed in meaningful intervals and order (ranked)
 - Real (actual) numbers and the **difference** between the ranks can be specified (numbers indicate both the ordering and the **distance** between the values)
 - Appropriate statistics: **mode, frequency, median** and **mean**
 - Example: Temperature, year of birth, order of racers
- **Ratio level of Measurement:** Is the highest level where data can be categorized, ranked and the difference between ranks can be specified and has a **zero point** (total absence of the quantity)
 - Age, weight, height, pulse rate, time
 - Appropriate statistics: **mode, frequency, median** and **mean**
- The goal of the researcher is to use the highest level of measurement possible

	Category Names	Meaningful Order	Equal Distance	True Zero & Ratios
Nominal	✓	—	—	—
Ordinal	✓	✓	—	—
Interval	✓	✓	✓	—
Ratio	✓	✓	✓	✓

Provides:	Nominal	Ordinal	Interval	Ratio
The "order" of values is known		✓	✓	✓
"Counts," aka "Frequency of Distribution"	✓	✓	✓	✓
Mode	✓	✓	✓	✓
Median		✓	✓	✓
Mean			✓	✓
Can quantify the difference between each value			✓	✓
Can add or subtract values			✓	✓
Can multiple and divide values				✓
Has "true zero"				✓

- **Descriptive Statistics:** makes data *more understandable* by organizing, summarizing, and displaying data
- **Inferential Statistics:** Reports the confidence of a sample statistic in predicting a population parameter
 - **Parameter:** A descriptive measure computed from **population** data (population mean μ , standard deviation σ , variance σ^2)
 - **Statistic:** computed from **sample** data (sample mean \bar{x} and standard deviation s , variance s^2)

Raw Data: Data collected without processing

Organized Data: Arranged in ascending/descending order

Aspect	Descriptive Statistics	Inferential Statistics
Purpose	Describe data characteristics	Make predictions and generalizations
Data focus	Summarizes sample data only	Draws conclusions about a population
Technique used	Measures of central tendency and dispersion	Hypothesis testing, regression, confidence intervals
Interpretation	Limited to known data	Extends findings to unknown data

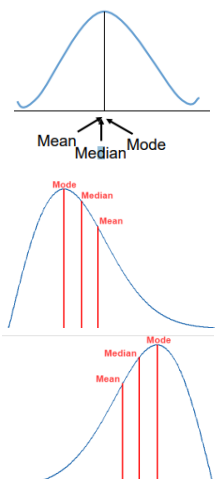
Descriptive Measures

- **Measures of location** include **measures of central tendency** (Mean, median, mode) and **non-central tendency** (Quantiles, quartiles, quintiles, percentiles)
 - Measure of central tendency help find the *approximate center of the dataset*
 - **Mean, mode, median** are all considered as **average**
- Measures of central tendency
- **Mean:** the sum of all values divided by the number of observations.
 - Generally, **not part** of the data set and **Unique** for a given dataset
 - **Sensitive to extreme** values
- **Median:** the **middle** value when data is arranged in ascending order
 - If is odd number of values, the median is the middle value
 - If is even number of values, the median is the average of the two middle values
 - **Not affected by extreme** values, and **may be part** of the data set
- **Mode:** the **most frequently** occurring value in a dataset.
 - A dataset can have no mode, 1 mode (unimodal), 2 modes (bimodal), multiple modes (multimodal)
 - It is **always part** of the data set, and **not affected by extreme** values

$$\bar{X} = \frac{\sum_{i=1}^n X_i}{n}$$

Shapes of Distributions

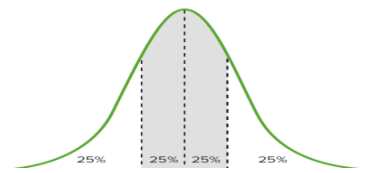
- **Normal Distribution (Bell-shaped curve):** **Symmetrical** (mean = median = mode)
- **Right (Positively) Skewed:** Long **right tail** (**Mean > Median > Mode**)
 - Mean overestimates the most common values
 - Example: Income distribution
- **Left (Negatively) Skewed:** Long **left tail** (**Mean < Median < Mode**)
 - Mean underestimates the most common values
 - Example: Exam scores
- The **median** is a more robust statistic than mean in the presence of extreme values and skewed



- Measures of Non-Central Location: summarize data by dividing it into equal parts
- **Quartiles:** Divide the data into four equal parts
 - Q1 (First Quartile): 25% of observations are below it
 - Q2 (Second Quartile, Median): 50% of observations are below it
 - Q3 (Third Quartile): 75% of observations are below it
- **Quintiles:** Divide data into five equal parts
- **Deciles:** Divide data into ten equal parts.
- **Percentiles:** Divide data into 100 equal parts.
 - 25th percentile = Q1, 50th percentile = Q2 (median), 75th percentile = Q3.

• **Measures of Dispersion** are commonly used to measure how spread out the data is, and include:

- **Range:** The difference between the largest and smallest values
 - Pros: Easy to calculate
 - Cons: **Affected by extreme values**
- **Interquartile Range (IQR):** Difference between Q3 and Q1
 - Measures spread of the middle 50% of the data
 - **Not sensitive to extreme values**



- **Standard Deviation (σ):** Measures the variation of values from the mean
 - Low standard deviation indicates data close around the mean (reliable)
 - Larger standard deviation indicates widely spread data
 - N is replaced by n-1 (*degree of freedom*) in the second equation as a **correction** for the sample size to produce **unbiased** estimator

$$\sigma = \sqrt{\frac{\sum_{i=1}^N (x_i - \mu)^2}{N}}$$

$$s = \sqrt{\frac{\sum_{i=1}^n (x_i - \bar{X})^2}{n-1}}$$

Stock x	Deviation $x - \mu$	Squared $(x - \mu)^2$
56	-5	25
58	-3	9
61	0	0
63	2	4
67	6	36
$\Sigma x = 305$	$\Sigma(x - \mu) = 0$	$\Sigma(x - \mu)^2 = 74$

- **Variance:** The square of the standard deviation (always positive)
- **Standard Error:** Measures how accurately a sample mean represents the population mean
 - Decreases (more accurate) with increasing sample size

$$\text{Standard Error} = \frac{S}{\sqrt{n}}$$

- **Five-Number Summary** 'minimum, Q1, median, Q3, maximum'
 - Provides a quick overview of data distribution
- **Importance of Descriptive Statistics:**
 - Helps in visualizing and simplifying data for better interpretation
 - Identifies patterns, trends, and distributions to aid in decision-making



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